

# physical therapy referral

orthopedic • sports performance • metabolic disorders



Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis \_\_\_\_\_ ICD-9# \_\_\_\_\_

Date of Surgery \_\_\_\_\_ (PLEASE SEND OPERATIVE REPORT)

www.restorWeb.com

## PLEASE SEND COPIES OF TEST RESULTS AND ALL PERTINENT REPORTS

frequency (times weekly)	1	2	3	4	5
duration	[ ]	[ ]	[ ]	[ ]	[ ]
		no. of weeks			
		until program completed			
		home program (1 to 3 visits)			

### procedures

- [ ] evaluation & treat
- [ ] myofascial release
- [ ] therapeutic exercise
- [ ] neuro re-education
- [ ] functional activities
- [ ] hydrotherapy
- [ ] joint mobilization
- [ ] kinetic activities
- [ ] gait training
- [ ] soft tissue mobilization
- [ ] traction
- [ ] videotape analysis
- [ ] return to running

### modalities

- [ ] whirlpool
- [ ] electrical stimulation
- [ ] cryotherapy
- [ ] EMG / biofeedback
- [ ] iontophoresis
- [ ] phonophoresis
- [ ] ultrasound

### special programs

- [ ] home health
- [ ] return to running
- [ ] videotape analysis
- [ ] restorHEALTH/wellness

comments:

physician's signature \_\_\_\_\_



restorPHYSICAL THERAPY@SHORELINE

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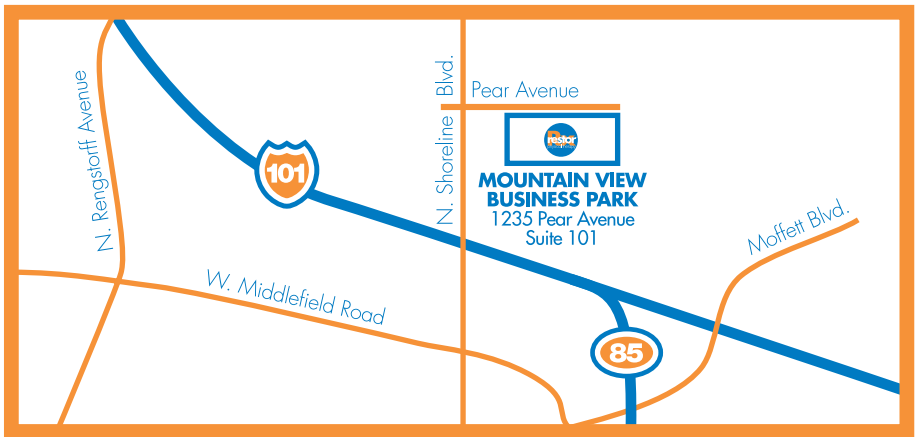


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## **DIRECTIONS**

From the 101 Freeway:

- Exit N. Shoreline Boulevard and head North.
- Turn right at Pear Avenue.
- We are located on the right side of Pear Avenue in the Mountain View Park.



## **WHAT TO BRING TO PHYSICAL THERAPY**

- This prescription.
- Your insurance card.
- Suitable clothing; such as a tank top or shorts to allow access to the injured area and for exercising.

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